



Beyond Consequences & Advanced Parenting Skills Class

Beyond Consequences is a unique, relationship-based approach to parenting traumatized children and those with attachment challenges. This approach provides a trauma-informed explanation of “acting out” behaviors. Caregivers will learn how children escalate through behaviors, as well as how to respond to help their children during these times.

When children and caregivers expand their ability to emotionally tolerate stressful situations, behavior naturally improves. The class is appropriate for biological parents, adoptive parents, foster parents, and kinship-care providers.

Some Program Topics

- Emotional regulation and dysregulation
 - Window of stress tolerance
 - Trauma and memory
- Acting out behaviors, i.e. lying, stealing, aggression, etc.
- Signs and stages of verbal and behavioral escalation
 - Caregiver responses to decrease escalation
 - Setting appropriate and enforceable limits

When:

January 9th- March 13th
Mondays from 12:00-1:30

Where:

1148 E. Elizabeth St., Fort Collins

Cost:

The class is free through a grant from the Temple Hoyne Buell Foundation
Book Included

Class size is limited so sign-up early!

Email info@childsafecolorado.org or call (970)472-4133 to enroll!

1148 E. Elizabeth St. Fort Collins, CO 80524 • O: (970) 472-4133 • F: (970) 493-6655

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